



# *Training will begin soon ...*

---

Thanks for joining HQ RIO for our virtual training session!

The chat function you see is moderated; if you post there, you won't see it until the moderators answer and make it public. Please only use it for questions you want HQ RIO to answer.

You should hear music and see this slide. If you do, you're good to go!

## Having technical difficulty? Here are a few things to check:

- Try accessing this from a personal computer or smart phone.
  - Is your sound turned up?
  - Do you have a strong wifi signal?

If you have problems, fear not! This session is being recorded and will be available at the same link you used to get here.

You may find it helpful to have the ability to scan QR codes during this training. If your smartphone camera doesn't automatically recognize them, find and download an app that does! You can try screenshotting them if you're watching from your phone.

---

# ***United States Air Force Reserve***

---

*Integrity - Service - Excellence*

## **FY and R/R Tracking & Options for Working during Stop Movement**



**U.S. AIR FORCE**

---



- **HQ RIO is at ARPC, Buckley AFB, Colo.**
- **The Talking Head – Lt Col Erin Karl**
- **The Moderators**
  - **ARPC Points Management Branch**
  - **Detachment Commanders**
  - **HQ RIO staff members**



- 
- **Microsoft Teams (CVR) Live Event**
  - **Video and Audio are one-direction only**
  - **Post questions in the chat**
    - **Wait to post until the area of interest is covered**
    - **Q&A is moderated**
    - **Replies may only be visible to the person who asked**
    - **Some will be posted for everyone to see**
    - **Stay in the training lane**
  - **Recording is available after training is over**
    - **At the same link used to attend**
  - **Q&A report pulled by HQ RIO after training**
-



- **R/R Year defined**
  - **FY Year defined**
  - **How to track**
  - **Stop Movement update**
  - **ETPs**
  - **Telecommuting**
  - **Alternate work location**
  - **Classified work options**
  - **Questions?**
-



U.S. AIR FORCE

## *What is an R/R year?*

- An R/R (Retention/Retirement) year is the 12 consecutive months in which a reservist is required to accrue a minimum of 50 retirement points (including membership points) for a satisfactory year of service.
- 50 points = one "Good Year" for retirement





- **Membership**
  - 15 points
- **Work**
  - **IDTs: one point per 4-hr period/max 2 per day**
    - Pay & Points or Points-Only
  - **AT/MPA/RPA: one point per day**
- **School/Training**
  - **In residence: one point per day**
  - **Distance learning: ECI points based on course hours completed – sometimes not applied until full course is done**



# Establishment of R/R date

- Everyone has a different R/R date
- Can be found on your PCARS (vMPF)
- For most – when you entered the military
- Changes after a break in service

## ANG/USAFR Point Credit Summary Inquiry (PCARS)

### Point Credit Summary

#### Summary Information

Date Prepared:	08 JUN 2020
Duty Location:	BUCKLEY AFB CO 800110000
Name:	LTC ERIN M KARL
Address:	[REDACTED]
PAS Code:	[REDACTED]
SSAN:	[REDACTED]
Retention/Retirement Date:	23 MAY
Closeout Date:	22 MAY 2019
Career Satisfactory Service:	180000
Statement Reason:	ANNUAL

#### Last R/R Year Points Earned

From Date:	23 MAY 2018
Thru Date:	22 MAY 2019
Active Duty Training:	0031
Inactive Duty Training:	0064
ECl:	0000
Membership:	015
Total Points:	00110
Total Points for Retirements:	00110
Satisfactory Service Years, Months, and Days:	010000





# Point Credit Summary (PCARS)

U.S. AIR FORCE

## Steps for getting your own PCARS

### STEP 1: Access AFPC Secure via the AF Portal or myPers

The screenshot shows the AF Portal interface. At the top, there are navigation tabs: NEWS & ANNOUNCEMENTS, BASE, ORG & FUNCTIONAL AREA, APPLICATIONS, CAREER & TRAINING, LIFE & FITNESS, and LIBRARY & RESOURCES. Below these are several promotional banners, including one for 'CFC Donor Pledging' and another for 'FYI BLENDED RETIREMENT'. A search bar is visible with the text 'SEARCH AF PORTAL'. Below the search bar, there are sections for 'AIR FORCE ANNOUNCEMENTS & PUBLICATIONS' and 'QUICK LINKS'. In the 'QUICK LINKS' section, a search for 'AFPC' has been performed, and the results are: 'PERSONNEL AND CAREER' and 'AFPC Secure Applications'. The 'AFPC Secure Applications' link is highlighted with a red box. To the right of the search results is a 'LEARN MORE ABOUT' section with a list of topics including Assignment, Benefits and Entitlements, Career Management, Classification, Compensation, Deployment, Education, Evaluations, Force Development, IMA Management, Mobilization/Demobilization, New Hire, Promotion, Recognition, Retention, Retirement, Separation, Systems Support, and Training. Below this is a 'Would Like To...' section with a list of links, including 'Access to AGR Program Information and Vacancies', 'Access Secure Apps (VMPF, PRDA) - CAC Only', 'View My Records (PRDA)', 'Request a VA Home Loan Letter', 'Access Reserve Reduced Retired Pay Age', 'Medical Continuation', and 'CY20 STEP II Guide'. The 'Access Secure Apps (VMPF, PRDA) - CAC Only' link is highlighted with a red box. At the bottom right, there is a 'View More' link.



# Point Credit Summary (PCARS) cont.

## STEP 2: Select vMPF

Available Applications... Top Viewed Sites

Click on the column headers to sort the list by that column.  
Click it a second time to reverse the sort order.

Click Here...	Application Title...
<a href="#">ADP</a>	Airmen Development Plan <b>(Having problems connecting directly to ADP? The AF Portal link may resolve the issue. Click HERE)</b>
<a href="#">AFFMS II</a>	Air Force Fitness Management System II
<a href="#">AMS</a>	Assignment Management System <b>*Active Duty Personnel Only*</b>
<a href="#">ARMS</a>	Automated Records Management System
<a href="#">CMS</a>	Case Management System
<a href="#">EPROM Release</a>	Virtual Enlisted Promotion Release Web
<a href="#">HPERB</a>	Health Professions Education Requirements Board
<a href="#">PASCodes</a>	PAS Code Information Provider
<a href="#">PERSTEMPO</a>	Personnel Quality-Of-Life Measurement Tool
<a href="#">PRDA</a>	Personnel Records Display Application <b>(Having problems connecting directly to PRDA? The AF Portal link may resolve the issue. Click HERE)</b>
<a href="#">RAW</a>	Retrieval Applications Web
<a href="#">Reserve Vacancies</a>	Reserve Vacancy Finder
<a href="#">RMVS</a>	Reserve Management Vacancy System
<a href="#">TEMPO Training NET4.0</a>	TEMPO Management and Tracking System Dot Net 4.0
<b>vMPF</b>	Virtual Military Personnel Flight Suite of Applications
<b>vMPF Contact Center</b>	Virtual Military Personnel Flight Suite of Applications
<a href="#">vPSC RBA</a>	Virtual Personnel Service Center - Role Based Access

**Application List Display Preferences**

Use Paging:  Yes  No      # Items per Page:

## STEP 3:

**Privacy Act Statement**

**Authority:** 10 U.S.C.; 8013, SECAF  
**Purpose:** To provide a means of positive identification for the purpose of processing applications or retrieving data.  
**Routine Uses:** None (no one outside DoD has access).  
**Disclosure:** Voluntary. Failure to provide the requested information may result in a delay or termination of your request.

Please verify the following information:

Duty email address:

Duty phone \*\*:  (DSN/Comm- 6 to 10 Characters)

---

Home email address:

Home phone:  (6 to 10 Characters)

\*\* Indicate a required field

[I have verified my email and phone](#)



# Point Credit Summary (PCARS) cont.

U.S. AIR FORCE

## STEP 4: Select "Self-Service Actions"



Air Force Personnel Center • Randolph AFB, Texas

### Message Center

**Suspenses (0)**  
0 new suspenses  
0 overdue suspenses

### Navigation

MSG Joshua Clayton Mathews

The following areas of the vMPF are available to you:

[Casualty Actions](#)

[Self-Service Actions](#)

### Self Service Application Status

• [My Stuff](#)

### Most Popular Applications

- [Out Processing](#)
- [Awards and Decorations](#)
- [Career Data Brief](#)
- [Duty History](#)
- [Evaluation Appeals](#)
- [Record Review/Update](#)
- [Record of Emergency Data](#)

AEF INDICATOR  
X3

### AIR EXPEDITIONARY FORCE (AEF) INFORMATION

AEF DESCRIPTION/ROTATION PERIOD  
TEMPO BAND X3 (AD & ARC) OCT 18 - MAR 19

DATE ASSIGNED TO THIS AEF  
12 OCT 2018

### INDIVIDUAL DWELL TIME (IDT) INFORMATION

IDT  
163 DAYS

IDT EXPIRATION DATE  
01 AUG 2009

IDT COUNTER  
3626 DAYS



### vMPF Introduction

Welcome to the Virtual Military Personnel Flight (vMPF). The capabilities scheduled for release during Personnel Service Delivery, Phase 1 are current day-to-day base-level processes that have been redesigned to move from the military personnel section towards more web-based transactions. To the left, under "New Self Service Applications" you will have the capability to initiate self-service applications. For Commander Support Staff, the same availability for new Accessions, Disqualifications, Duty out of CAFSC and Duty Status, Confinements, AWOL, Deserter will only be accessible by the "CSS Actions" located to the center left.

From this page you can access any of the various online personnel applications applicable to you. The links on this page will allow navigation to the application of your choosing.

We urge you to use the secure log off whenever you are finished with the vMPF. Just click the button in the upper right hand corner of any page and you'll be set. Thanks.

### Help

- [FAQ](#)
- [Glossary](#)
- [Known Problems](#)
- [Case Management System](#)

### System Announcements

- [Initial Separation / Retirement Briefing](#)
- [RED Address Country Errors](#)
- [Pop-up Blocker Notice!!!!](#)
- [Address or phone number problems](#)

### Helpful Links

- [Civilian-Employer-Update](#)
- [My Pay \(Formerly EIMSS\)](#)
- [My Pay \(Formerly EIMSS\)](#)
- [Unit Email Address Capture Form](#)
- [Accrual Travel Voucher](#)
- [Total Force Service Center - San Antonio](#)
- [Air Reserve Personnel Center](#)
- [Air National Guard](#)
- [IDEA Program Data System](#)
- [vFinance](#)



# Point Credit Summary (PCARS) cont.

## STEP 5: Select "Self-Service Actions"

**vMPF** *Self-Service Actions*

[vMPF Home](#) · [Self-Service Actions Home](#) · [Sitemap](#) · [Glossary](#) · [Help](#)

Welcome, MSG Joshua Clayton Mathews. You are in the Virtual Military Personnel Flight, or the vMPF. You can find many service modules in this site you used to have to accomplish at your military personnel section. To navigate this site, you can either f Contents pull-down menu located in the top-right corner of this page. Clicking the Sitemap link in the navigation bar above will provide you with a complete list of all applications available to you at this time.

**Self-Service Actions**

- [Assignments](#)
- [Correction of Military Records \(BCMR\)](#)
- [Miscellaneous](#)
- [Personal Data](#)**
- [Promotions](#)
- [Retirements](#)
- [Separations](#)
- [Need Help?](#)

[vMPF Home](#) · [Self-Service Actions Home](#) · [Sitemap](#) · [Glossary](#) · [Help](#)



U.S. AIR FORCE

# Point Credit Summary (PCARS) cont.

**STEP 6:** Select "ANG/USAFR Point Credit Summary Inquiry (PCARS)"


**vMPF** *Self-Service Actions*

[vMPF Home](#) · [Self-Service Actions Home](#) · [Sitemap](#) · [Glossary](#) · [Help](#)

[vMPF Home](#) · [Self-Service Actions](#) · [Personal Data](#)

**Personnel Data**

- [ANG/USAFR Point Credit Summary Inquiry \(PCARS\)](#)
- [Awards and Decorations](#)
- [Career Data Brief](#)
- [Duty History](#)
- [Evaluation Appeals](#)
- [Proof Of Service Letter](#)
- [Record Review/Update](#)
- [Reenlistment Eligibility](#)
- [Reserve Component Survivor Benefit Plan \(RCSBP\)](#)
- [Record of Emergency Data](#)
- [SSAN Application Counseling](#)





U.S. AIR FORCE

# Point Credit Summary (PCARS) cont.

## STEP 7: Select "Point Credit Summary"

The screenshot shows the web application interface for the ANG/USAFR Point Credit Summary Inquiry (PCARS). At the top left, there is a banner image of an F-35 fighter jet with the text "VIRTUAL MPF AIR FORCE PERSONNEL CENTER, RANDOLPH AFB, TEXAS". At the top right, the date "24 JAN 2019" and "Current AFPC Time is 1303 HRS" are displayed, along with the user name "MSG JOSHUA C. MATHEWS" and links for "LOG OUT" and "CONTACT US".

On the left side, there is a navigation menu with the following items:

- Introduction
- Point Credit Summary** (highlighted with a red box)
- Service History
- Current R/R Year ECI Points
- Definitions
- Frequently Asked Questions
- View/Print All Pages

The main content area is titled "ANG/USAFR Point Credit Summary Inquiry (PCARS)" and "Introduction". Below the title, there is a paragraph of text:

To the Guardsman/Reservist:

Computerized Information on your participation is accessible via the links to the left. It is possible the information displayed may be inaccurate. Therefore, it is not a guarantee of points or service for retention, promotion or retired pay purposes. The information remains subject to audit and adjustment. Review it carefully. If any errors are found, contact your military personnel section or Total Force Service Center at 1-800-525-0102 within 30 days of the closeout of the R/R year and provide documentation of correct points or service. Failure to identify errors promptly could affect future crediting of points and service.

At the bottom of the page, there is a footer with the following text:

Attention: Using this system constitutes consent to monitoring.  
See our [Privacy and Security Notice](#) for details. [Technical Support](#)   
Date last reviewed: 15 MAR 2009



# How to read your PCARS

## All Points Earned

### Type Duty (TD) Codes

1: Active Duty Other

2: Special Tour

3: School Tour

4: Annual Tour

5: Extended Active Duty

6: AFTP

7: Paid Inactive Duty

8: Nonpaid Inactive Duty

9: ECI

A: Nonpaid Active Duty

B: Continuation Pay

D: Paid IDT—RMP

E: Active Duty—FHP

F: Inactive Duty Status—FHP

From Date	Thru Date	TD	Pts
14 MAR 2003	14 MAR 2003	7	002
15 MAR 2003	15 MAR 2003	7	001
17 MAR 2003	17 MAR 2003	7	002
18 MAR 2003	18 MAR 2003	7	002
19 MAR 2003	19 MAR 2003	7	002
20 MAR 2003	20 MAR 2003	7	002
21 MAR 2003	21 MAR 2003	7	002
28 MAY 2003	28 MAY 2003	8	001
03 JUL 2003	03 JUL 2003	8	001
08 SEP 2003	19 SEP 2003	4	012
20 SEP 2003	20 SEP 2003	7	001
22 SEP 2003	22 SEP 2003	7	002
23 SEP 2003	23 SEP 2003	7	002
24 SEP 2003	24 SEP 2003	7	002
25 SEP 2003	25 SEP 2003	7	002
26 SEP 2003	26 SEP 2003	7	002
23 JAN 2004	23 JAN 2004	7	002
11 FEB 2004	11 FEB 2004	7	002
12 FEB 2004	12 FEB 2004	7	002
16 MAR 2004	16 MAR 2004	7	002
14 APR 2004	14 APR 2004	7	002

From Date	Thru Date	TD	Pts
08 JUL 2012	13 JUL 2012	4	006
14 JUL 2012	14 JUL 2012	7	002
15 JUL 2012	15 JUL 2012	7	002
04 AUG 2012	04 AUG 2012	7	002
05 AUG 2012	05 AUG 2012	7	002
06 AUG 2012	10 AUG 2012	2	005
23 SEP 2012	23 SEP 2012	7	002
27 OCT 2012	27 OCT 2012	7	002
28 OCT 2012	28 OCT 2012	7	002
10 NOV 2012	11 NOV 2012	4	002
15 NOV 2012	16 NOV 2012	4	002
17 NOV 2012	17 NOV 2012	7	002
18 NOV 2012	18 NOV 2012	7	002
30 NOV 2012	30 NOV 2012	7	001
05 DEC 2012	05 DEC 2012	7	001
07 DEC 2012	07 DEC 2012	7	001
12 DEC 2012	14 DEC 2012	4	003
15 DEC 2012	15 DEC 2012	7	002
16 DEC 2012	16 DEC 2012	7	002
12 JAN 2013	12 JAN 2013	7	002
13 JAN 2013	13 JAN 2013	7	002

From Date	Thru Date	TD	Pts
11 NOV 2015	11 NOV 2015	7	002
12 NOV 2015	12 NOV 2015	7	002
13 NOV 2015	13 NOV 2015	7	002
07 DEC 2015	07 DEC 2015	7	002
08 DEC 2015	08 DEC 2015	7	002
09 DEC 2015	09 DEC 2015	7	002
10 DEC 2015	10 DEC 2015	7	002
11 DEC 2015	11 DEC 2015	7	002
20 DEC 2015	20 DEC 2015	9	014
08 FEB 2016	11 FEB 2016	4	004
28 FEB 2016	28 FEB 2016	9	014
01 MAR 2016	01 MAR 2016	7	002
02 MAR 2016	02 MAR 2016	7	002
26 JUN 2016	08 JUL 2016	4	013
05 DEC 2016	09 DEC 2016	2	005
07 JAN 2017	07 JAN 2017	7	002
08 JAN 2017	08 JAN 2017	7	002
09 JAN 2017	09 JAN 2017	7	002
02 MAR 2017	12 MAR 2017	4	011
29 MAR 2017	29 MAR 2017	2	001
26 MAY 2017	26 MAY 2017	7	002



# PCARS – Service History

U.S. AIR FORCE

[Introduction](#)

[Point Credit Summary](#)

[Service History](#)

[Current R/R Year ECI Points](#)

[Definitions](#)

[Frequently Asked Questions](#)

[View/Print All Pages](#)

## ANG/USAFR Point Credit Summary Inquiry (PCARS)

### Service History

From Date	Thru Date	AD	IDT	ECI	IDS	MBR	Total	Retire	Sat. Svc.
08 APR 1998	07 APR 1999	0343	0000	0000	0000	011	00354	00354	010000
08 APR 1999	07 APR 2000	0366	0000	0000	0000	015	00381	00366	010000
08 APR 2000	07 APR 2001	0365	0000	0000	0000	015	00380	00365	010000
08 APR 2001	07 APR 2002	0365	0000	0000	0000	015	00380	00365	010000
08 APR 2002	07 APR 2003	0131	0013	0000	0000	015	00159	00159	010000
08 APR 2003	07 APR 2004	0012	0023	0000	0000	015	00050	00050	010000
08 APR 2004	07 APR 2005	0013	0026	0000	0000	015	00054	00054	010000
08 APR 2005	07 APR 2006	0012	0023	0000	0000	015	00050	00050	010000
08 APR 2006	07 APR 2007	0012	0028	0032	0000	015	00087	00087	010000
08 APR 2007	07 APR 2008	0012	0025	0000	0000	015	00052	00052	010000
08 APR 2008	07 APR 2009	0000	0005	0000	0000	015	00020	00020	000000
08 APR 2009	07 APR 2010	0000	0000	0000	0000	015	00015	00015	000000
08 APR 2010	01 OCT 2010	0000	0000	0000	0000	007	00007	00007	000000
02 OCT 2010	22 MAY 2011	0000	0000	0000	0000	000	00000	00000	000000
23 MAY 2011	22 MAY 2012	0009	0054	0000	0000	015	00078	00078	010000
23 MAY 2012	22 MAY 2013	0021	0049	0000	0000	015	00085	00085	010000
23 MAY 2013	22 MAY 2014	0014	0053	0000	0000	015	00082	00082	010000
23 MAY 2014	22 MAY 2015	0021	0044	0084	0000	015	00164	00151	010000
23 MAY 2015	22 MAY 2016	0029	0039	0056	0000	015	00139	00139	010000
23 MAY 2016	22 MAY 2017	0030	0006	0000	0000	015	00051	00051	010000
23 MAY 2017	22 MAY 2018	0016	0064	0000	0000	015	00095	00095	010000
23 MAY 2018	22 MAY 2019	0031	0064	0000	0000	015	00110	00110	010000
<b>Total points accrued through 22 MAY 2019:</b>		<b>1802</b>	<b>0516</b>	<b>0172</b>	<b>0000</b>	<b>303</b>	<b>02793</b>	<b>02735</b>	<b>180000</b>





# *Can the R/R year be waived?*

U.S. AIR FORCE

---

- By law, there is *no way to excuse or make-up points once R/R closes out.*
  
- *The R/R training requirement was established by Title 10 U.S.C. 12642, 12732, 10147, and 8360 (d).*





- **DIFFERENT than R/R**
- **1 Oct to 30 Sep – same for everyone**
- **Annual Training (AT) is a minimum of 12 days used for individual and/unit readiness and training**
- **Inactive Duty Training (IDT) is a minimum 4 hour period of duty, training, or instruction**
  - **Each position requires either 24 or 48 four-hour periods**
  - **Maximum 130 four-hour periods per year (paid/non-paid IDTs)**



# FY IMA Participation Requirements

## FY IMA Participation Requirements

- IMA Reserve Section Codes:
  - MC (mission critical) or ME (mission essential)

MC

24 IDT periods/12 AT days

ME

48 IDT periods/12 AT days

### General Information

Name:	KARL, ERIN M
SSAN:	
Duty Phone:	
MAR STAT:	MARRIED
Spouse SSAN:	
Spouse Status:	
SVC COMP:	Reserve
#DEP:	3
Ethnic:	NONE
Sex:	Female
Race:	White
Hispanic:	Not Hispanic or Latino

### Assignments

DAFSC:	
Base:	
Duty Title:	
PSN#:	
Command:	
Office Symbol:	
Duty Status:	00-PRESENT FOR DUTY
Record Status:	ACTIVE NO PROJECTED ACTION
PAS:	
Unit:	IR READ AND INTEG OR FFWBFO
EDD:	01 JUN 2020

### Reserve

CIV ART ID:	
CIV GRD:	
AFR SECT ID:	INDIVIDUAL RESERVIST, 24 IDT
PP:	NONE
UIF:	

### Service Dates

DAS:	01 JUN 2020	Sat SVC:	18 years and 0 months and 0 days
PAYDT:	30 APR 1998	TFCSD:	14 AUG 1998
DIEUS:	08 APR 1998	DOS:	
TAFMS:		DIERF:	17 AUG 2002
R/R:	23 MAY	RSSP:	
RET/SEP:			

### Promotion Information

Rank:	LTC
DOR:	04 NOV 2016
Category:	4: LAF-I INFORMATION WARFARE
BPZ:	NONE

Career Data Brief



## *Compare FY and R/R ...*

### FY Year

- Same for everyone
- Number of days or periods
- AT and IDT – all that matters
- Keeps you in good standing
- Can be waived
- Tracked by the detachment

### R/R Year

- Different for everyone
- Number of points
- All types of duty count for points
- Counts toward a reserve retirement
- **Can't be waived**
- Tracked by ARPC Points Management Branch



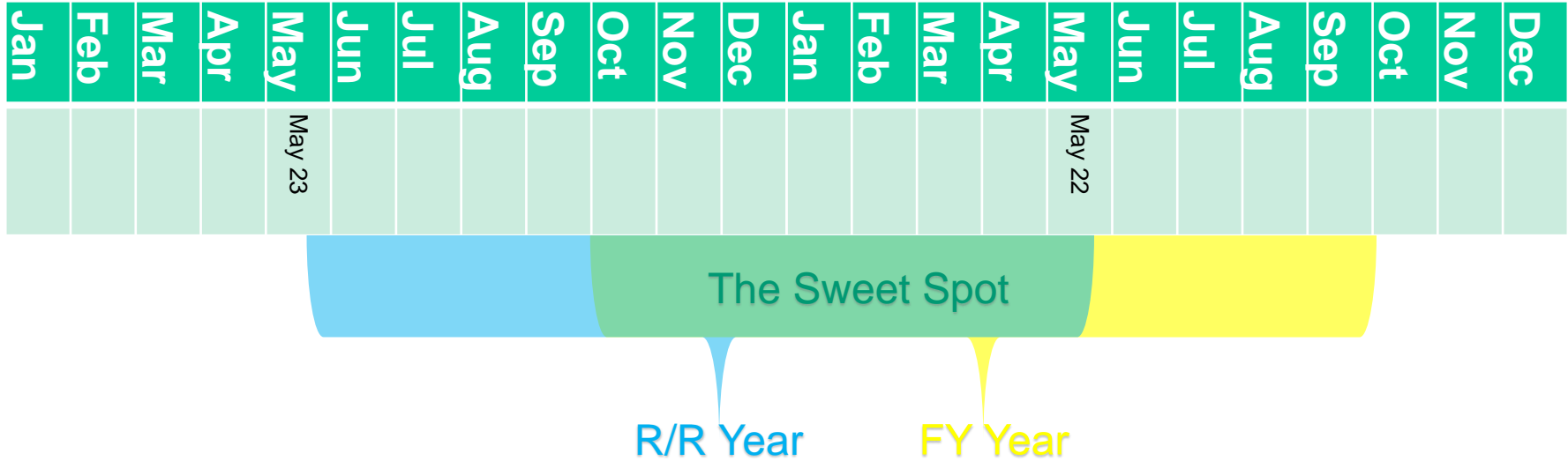
- **IMAs unable to comply with FY minimum requirements may submit a waiver**
  - **Waivers submitted and coordinated through your URC/Supervisor and approved by AD/CC & DET/CC**
  - **Waivers may be submitted for the following reasons:**
    - **Substitution Waiver – submitted and approved in advance and used only for AD tours which support contingency operation, real world, AEF missions or school tours**
    - **Excusal Waiver – used for personal hardship or extraordinary circumstance**
-



# Balancing R/R and FY Requirements



# FY & R/R Sweet Spot



R/R – May 23 to May 22

FY – Oct 1 to Sept 30

The Sweet Spot – 1 Oct to May 22  
or

May 23 to Sept 30

Points:

Membership: 15

24 IDT periods: 24

12 AT days: +12

TOTAL: 51



# Excel Tracker (unofficial)

U.S. AIR FORCE

From Date	To Date	AT/IDT	Points	Nickname	Approved	Wk'd/Cert	Paid
14-Sep-17	15-Sep-17	IDT	4	SeptIDT	23-Aug-17	16-Sep-17	30-Sep-17
3-Dec-17	10-Dec-17	AT	8	ICAS	18-Oct-17	13-Dec-17	27-Dec-17
3-Jan-18	5-Jan-18	IDT	6	JanIDT	12-Nov-17	8-Jan-18	15-Jan-18
12-Mar-18	16-Mar-18	IDT	10	MarchIDT	23-Aug-17	17-Mar-18	24-Mar-18
11-Apr-18	15-Apr-18	4AT 1IDT	4+2=6	AprilATIDT	13-Mar-18	17-Apr-18	28-Apr-18
22-May-18	22-May-18	IDT	2	MayIDT1	23-Aug-17	23-May-18	7-Jun-18
23-May-18	24-May-18	IDT	4	MayIDT2	23-Aug-17	28-May-18	7-Jun-18
14-Oct-18	18-Oct-18	IDT	10	SOFIC	16-Aug-18		

R/R Year	TOTAL
<b>23 May 2017 to 22 May 2018</b>	<b>51</b>
Membership	15
SeptIDT	4
ICAS	8
JanIDT	6
MarchIDT	10
AprilATIDT	6
MayIDT1	2

R/R Year	TOTAL
<b>23 May 2018 to 22 May 2019</b>	<b>45</b>
Membership	15
May IDT2	8
JulyAT	12
SOFIC	10

GOALS:		24	12
FY Year	TOTAL IDT	TOTAL AT	
<b>1 Oct 2017 to 30 Sept 2018</b>	<b>24</b>	<b>12</b>	
ICAS		8	
JanIDT	6		
MarchIDT	10		
AprilATIDT	2	4	
MayIDT1	2		
MayIDT2	4		

GOALS:		24	12
FY Year	TOTAL IDT	TOTAL AT	
<b>1 Oct 2018 to 30 Sept 2019</b>	<b>10</b>	<b>0</b>	
SOFIC	10		







# *Requirement tracking highlights*

U.S. AIR FORCE

---

- **YOU have to keep track**
  - **If you only do the minimum, you'll have to track more closely**
  - **If you are doing school or go on orders, it's less of an issue**
- **Two SEPARATE things**
  - **R/R – retirement qualification**
  - **FY – required for your IMA job**
- **FY can be waived; R/R can NOT be waived**



## *Update on Stop Movement*

- **Conditions-based guidance released two weeks ago**
- **First “green” state list released a few days ago**
- **Installation-level assessments not released yet**
- **Repository of info not yet known**
- **Defense.gov – Newsroom**
- **When we know, we will tell you ASAP!**



# Options for Working during Stop Movement



## *Exception to Policy (ETP)*

- **Memo for approval by the first flag officer in your RegAF chain of command**
- **Allows you to travel for duty due to being “Mission Essential”**
- **Send to your Det when signed; orders writers will request it**
- **Template available on the COVID-19 SELRES UPDATE page of the HQ RIO website and on the RIO Connect app (click on the COVID-19 button)**



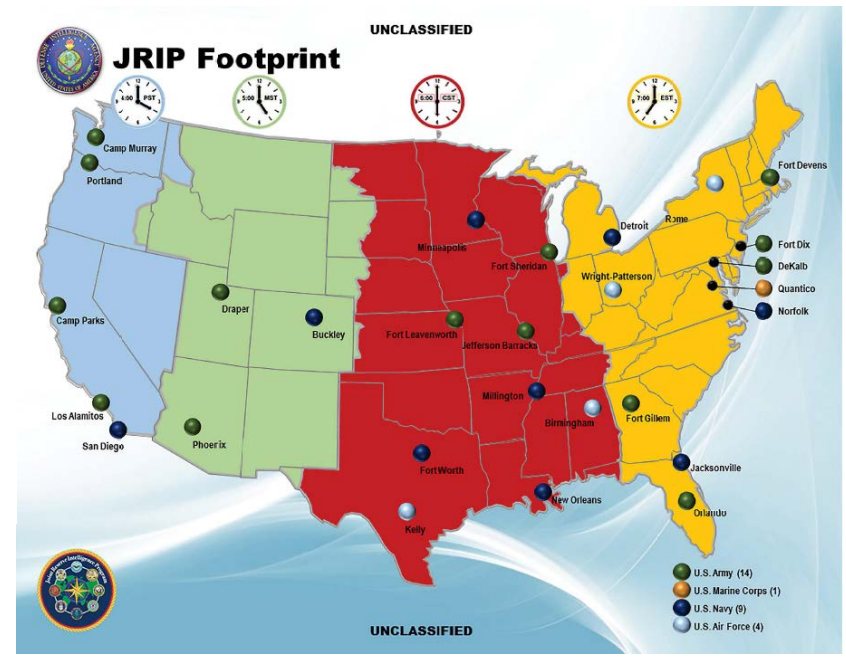
- **Work out a telecommute agreement with your RegAF unit**
- **Provide telecommute agreement to your detachment**
- **Blank agreement available on the COVID-19 SELRES UPDATE page of the HQ RIO website and on the RIO Connect app (click on the COVID-19 button)**



# Alternate Work Locations

- Do work for your unit at a nearby military installation
- Do work for ANOTHER unit at a nearby military installation -- RPA/MPA – earn points!
- Need a SCIF? Maybe there is one nearby you can use!

Scan the code to download the guide!





- **There ARE options, but you might have to get creative**
- **If you're concerned about your FY**
  - **Check your PCARS**
  - **Get creative**
  - **Don't be afraid to ask!**
  - **If all else fails, submit for a waiver**
- **If you're concerned about your R/R year**
  - **Check your PCARS**
  - **Get creative**
  - **Don't be afraid to ask!**
  - **If all else fails, you'll have a bad year ... you'll recover**



## *How connected are you?*

---

- **HQ RIO has a number of ways to contact IRs or provide updated guidance and information**
    - **myPers**
      - RIO Buzz – every two weeks
      - Other messages
      - Are you seeing these in your personal email?
    - **RIO Connect phone app**
      - Android and iPhone
      - Det-specific chat groups
      - Access to guidance
    - **Facebook**
      - [www.facebook.com/HQRIO](http://www.facebook.com/HQRIO) (follow, see first)
    - **HQ RIO website**
      - <https://www.arpc.afrc.af.mil/HQ-RIO/>
-





U.S. AIR FORCE

# Survey and Question Time!

- Time for Q and A in the chat
- Will you help us and take this quick survey?
  - Help us improve our comms
  - Help us improve the training
  - Help us choose future topics

Scan to download  
these slides!



Scan to take  
the survey!